

Why Austin Health?

Unique training opportunities

- A **diverse range of rotations** including Adult, Child & Youth, Parent-Infant, Addiction, Eating Disorders, Neuropsychiatry, Consultation-Liaison and Post Trauma Recovery, all offered locally within a short distance.
- Access to **unique Statewide services** including the Psychological Trauma Recovery Service, Brain Disorders Program, Child Inpatient Unit, Hamilton Centre for addiction and the Statewide Child & Family Centre, as well as liaison roles with statewide medical services.
- **Complete advanced training programs** in Child & Adolescent, Addiction and Consultation-Liaison Psychiatry, and a Psychiatry of Old Age program in development.
- **External secondments** to The Melbourne Clinic, Forensicare, Northpark Private Hospital and the Mercy Hospital for Women.

A centre of education and research

- Direct access to some of Victoria's prominent academics, with an office of the **University of Melbourne's Department of Psychiatry** on site, supporting research & teaching.
- **Weekly education program** for registrars, including grand rounds, psychotherapy & research support, with targeted teaching for Stage 1.
- **Education is integrated** into registrar roles and supported by Senior Medical Staff.
- Regular tutorials to support candidates for RANZCP assessments.

A supportive working environment

- A **supportive, cohesive registrar group**, and collegiate working atmosphere with a commitment to supporting diversity as well as training success.
- **Opportunities for leadership** exist through the Registrar Leadership Group, Principal Registrar positions, and in training posts with a specific leadership focus.

Psychiatry training at Austin Health provides Psychiatry Registrars access to one of Melbourne's most comprehensive general and specialist mental health services. This enables Austin trainees to have convenient access to prominent academics, to the collegiate and educational advantages of a large training centre, and to a service renowned for its dedication to registrar support and development.

Join us!

Austin Health's psychiatry training program includes over fifty registrar positions:

- **Seven Stage 1 RANZCP accredited training positions** in Psychiatry
- **Advanced Certificate training** positions available in all subspecialty programs
- **Part time** training opportunities available

Stage 1 registrar recruitment (via PMCV match and VPTC approval) occurs in May-July annually.

Other accredited and non-accredited registrar positions are recruited all year, but especially in **May-July** and **November-January**.

Find Out More

Dr Mark Vella

Psychiatry Training Coordinator
ptc.psychiatry@austin.org.au

Postgraduate Psychiatry Training Program

**Psychiatry Junior Medical Staff
Training & Support Unit**

Mental Health Division, Austin Health

Department of Psychiatry

University of Melbourne
Level 10, Lance Townsend Building,
Austin Hospital

Austin Health

145 Studley Road, Heidelberg VIC 3084
www.austin.org.au

Accredited Training Positions

Infant, Child & Youth Mental Health Service

Clinical Director: Dr Campbell Thorpe

The Austin offers comprehensive training in Child & Adolescent Psychiatry, with a focus on psychodynamic and systems theory, research and education. Inpatient posts are available in each of the Adolescent and Child Inpatient Units, as well as the Statewide Child & Family Centre, the first of its kind in Victoria.

Opportunities to work with adolescents and youth are available through community, autism assessment and emergency mental health service rotations. In addition to Stage 2 training, the Austin is able to offer a full Advanced Training Certificate in Child & Adolescent Psychiatry, offered in collaboration with the Mindful Training Centre, Travancore.



Marian Drummond Building
Austin Hospital
Inpatient ICMHS Services

Adult Mental Health Services

Clinical Director: Dr Victoria Harpwood

Austin Health provides services to the North-East Area Mental Health Service, including the Acute Psychiatric Unit, Secure Extended Care Unit, Psychiatric Planning and Assessment Unit (PAPU) and comprehensive community mental health services, including Primary



North East Community
Mental Health Centre
A short walk from Austin Hospital

Mental Health and HOPE teams and the first Victorian Crisis, Assessment & Treatment (CAT) Team. Residential programs at PARC and our Community Recovery Program provide experience in psychosocial rehabilitation.

Parent-Infant & Eating Disorder Services

Parent-infant psychiatry is one of the Austin's biggest drawcards, with five registrar posts available at between the Austin, Northpark and Mercy Hospital for Women. Eating disorders experience is available on our inpatient Eating Disorders Unit, as well as the Body Image & Eating Disorders Treatment & Recovery Service (BETRS); a comprehensive community service, with day program and psychotherapy services.



Mary Guthrie House
Royal Talbot Rehab Centre
Brain Disorders Inpatient Unit

Consultation-Liaison Psychiatry

Lead Consultant: Dr Carolyn Breadon

The Austin's Consultation-Liaison team provide a comprehensive training experience across all three Austin campuses to both Stage 2 and Advanced Certificate trainees. Notably, the team have a liaison role to Statewide Austin services such as Austin's Liver Transplant Unit, National Epilepsy Service, Long-Term Respiratory Unit and Victorian Spinal Unit, among other specialist services, such as the Olivia Newton-John Cancer Centre. Inter-subspecialty training experiences are also available in CL with dual-accredited roles in child and youth CL, old age CL and addiction CL, as well as perinatal CL at the Mercy Hospital for Women, just next door.

Addiction Psychiatry

Lead Consultant: Dr Keri Alexander

The training opportunities in addiction psychiatry have been dramatically expanded, and now incorporates a opioid substitution clinic, consultation-liaison opportunities for inpatients, pain clinic, residential withdrawal and the new Hamilton Centre, a Statewide service offering education and support to mental health services across Northern Victoria. Addiction advanced certificate training is available; trainees will work alongside addiction medicine registrars and physicians to provide integrated dual diagnosis care. Addiction services operate out of our brand new clinic at Burgundy Street.



Burgundy Street Clinic
Providing community ICMHS, adult and
addiction services.
L-R: Hannah Bloom, Mental Health Divisional
Director, Sue Wells, & Rowan Chiipahase, ICMHS
Managers, A/P Sophie Adams, Medical Director,
Mental Health Division

Statewide Brain Disorders Program (BDP)

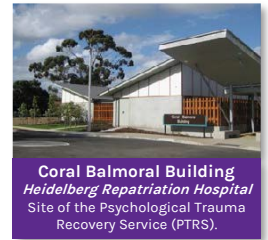
Clinical Director: Dr Charu Gandhi

Experience in neuropsychiatry is available at the Austin's BDP, including the inpatient Brain Disorder Unit and CBDATS, a statewide community assessment and outreach service. Outpatient experience is also available in specialist Neurobehaviour Clinics. Our Transition Support Unit supports adults with a dual disability to transition to community living, providing valuable experience in the psychiatry of intellectual and developmental disabilities.

Psychological Trauma Recovery Service (PTRS)

Clinical Director: Dr Charu Gandhi

The PTRS is a unique Statewide service which provides inpatient and outpatient treatment to Defence Force Veterans and Serving Members, emergency services personnel, and civilian victims of trauma. Opportunities at the PTRS exist for inpatient, psychotherapy, group work, TMS, and specialised PTSD treatments. The PTRS inpatient unit, accredited as a Stage 1 acute adult rotation, allows first year registrars the rare opportunity to develop experience with high prevalence disorders.



Coral Balmoral Building
Heidelberg Repatriation Hospital
Site of the Psychological Trauma
Recovery Service (PTRS).

Available External Secondments

These include general and AT posts in Aged Psychiatry, through Northern Health, Northpark Private Hospital and The Melbourne Clinic, Forensic Psychiatry through Forensicare, as are multiple Private Practice posts.

Education & Research Opportunities

A weekly education program includes fortnightly Grand Rounds, Professorial Tutorials, Journal Club, psychotherapy tutorials and invited expert presenters. Teaching is supported by academics from our on-site University of Melbourne Department of Psychiatry, including A/Prof Trevor Norman, A/Prof James Olver, and its Chair, Prof Richard Kanaan. Multiple research opportunities are also available for scholarly projects, and for those interested in an academic career. The Austin is committed to registrar exam success, offering a comprehensive RANZCP exam preparation program as well as supervision for the psychotherapy long case and scholarly project.

Junior Medical Staff Support

The Psychiatry JMS Training and Support Unit is staffed by Dr Mark Vella, and Jessica Thomas, who are available to provide RANZCP training, administrative and well-being support for all Mental Health Division junior medical staff. Dr Pam Cooke, Northern Region Director of Training and Dr Lee Allen, Chair of the Victorian Psychiatry Training Committee also make their home at the Austin. Austin Health is committed to attracting & retaining a diverse workforce which represents the community. Flexible work, and work-life balance are valued.